



**I.H.S.W.C.A.**

**Indiana High School Wrestling Coaches  
Association**

**Presents the 1st Annual**

**Middle School State  
South Central Qualifier**

**January 22, 2023**

**Warren Central High School**

**9500 East 16th Street  
Indianapolis, IN 46229**

**Doors Open at 7:00 AM  
Wrestling begins at approximately 9:00 AM**

**ENTRY FEE: \$20.00 per athlete  
(Paid when you register at [trackwrestling.com](http://trackwrestling.com))**

**SPECTATOR FEE: \$10.00 (Cash Only)**

## **ELIGIBILITY**

This tournament is open to any wrestler enrolled in a public or private school in the state of Indiana, 5th - 8th grade. Athletes in a home school program must provide verification. The athletes cannot be 16 before January 22, 2023.

**TOP 8 IN EACH WEIGHT CLASS OF THIS TOURNAMENT  
WILL QUALIFY FOR THE CHAMPIONSHIPS ON SUNDAY  
2/5/23 AT CENTER GROVE HIGH SCHOOL.  
PLACEMENTS FROM EACH QUALIFIER WILL BE  
SEEDED ACCORDINGLY.**

## **USA Wrestling Competitor Cards**

- Each wrestler must have a valid USAW Card
- USAW cards will not be sold on site
- Cards may be purchased at: [www.usawmembership.com](http://www.usawmembership.com)

## **Registration via Trackwrestling.com**

- You must pre-register at [www.trackwrestling.com](http://www.trackwrestling.com)
- No registration will occur on-site or by mail
- Payment required at the time you register (No Refunds)
- Late entries will not be accepted
- Deadline for on-line registration is 11:00 PM (EST),  
Saturday, January 21, 2023.

## **Weight Classes**

65 – 70 – 75 – 80 – 85 – 90 – 95 – 100 – 106 – 113 – 120 – 126 – 132 –  
138 – 145 – 152 – 160 – 170 – 182 – 195 – 220 – 285

- You must weigh in on-site using a competition singlet
- On site weigh ins only

## **WEIGH INS**

- Sunday 1/22/2023 7:00 AM - 8:00 AM

## **EARLY WEIGH INS - \$20 CASH ONLY**

- Saturday 1/21/2023 6:00PM - 7:00PM

- Where:
  - ENTER DOOR #18 on the West Side of the Fieldhouse
- SCRATCH WEIGHTS WILL BE USED AND ENFORCED.
- YOU CAN MOVE UP IF YOU MISS WEIGHT.
- IF YOU QUALIFY, YOU MUST WRESTLE IN THE SAME WEIGHT CLASS AND MAKE SCRATCH WEIGHT NEXT WEEK IN THE CHAMPIONSHIPS.

## **Rules**

- NFHSA Rules will apply
- Matches will consist of three periods: 1:00 – 1:30 – 1:30 min

## **Awards**

- Top 8 in each weight class qualify for the State Championship Tournament on Sunday 2/5/23 at Center Grove High School. The Championship Tournament will be seeded according to the placement in each qualifier.