



WOMEN'S - FOLKSTYLE STATE FINALS MARCH 10-11, 2018

Warren Central High School
9500 E 16th Street, Indianapolis, IN 46229

I-70 & Post Road exit, Go South on Post Rd. to 18th street, Turn left @ stoplight with the High School sign, Turn left @ stop sign to Field house parking lot. Enter Door 14

Women's Folkstyle Wrestling Schedule (EST):

Sunday: 8:00 am Novice, SB/SG, Univ, Senior, Veteran, all Women's age groups, & Remaining Cadets

DAYLIGHT SAVINGS TIME BEGINS ON SUNDAY, MARCH 11th—“SPRING FORWARD”

Please be aware that a time change occurs @ 2:00am Sunday March 11th. The tournament will begin at 8:00 am (Daylight Savings Time) on Sunday morning. Please plan to change your clocks and be on time.

USA Wrestling Competitor's Card

A 2017-2018 USA Wrestling Competitor's card is required to participate in this event. Please purchase your card online at iswa.com prior to registering for this event.

Pre-Registration: \$35.00

All wrestlers are strongly encouraged to pre-register and pay online for this event at: www.trackwrestling.com. The pre-registration entry fee is \$35.00 (credit/debit card only). **PRE-REGISTRATION CLOSES at 9:59pm ON THURSDAY MARCH 8th** (Eastern Standard Time). **NO EXCEPTIONS!** Pre-register by Sunday, March 4th to have your name included on back of event shirt.

Walk-ins: \$70.00 (Cash Only)

Walk-ins will be permitted at weigh-ins. However, the cost for walk-ins is **\$70.00** (double the entry fee of those who pre-register)

Weigh-ins.

On-site weigh-ins only! Weigh-in times are as follows:

Saturday March 10th - 6:30-9:00 pm (EST). For all **Women's** age divisions.

For any women who weighed-in and competed in the men's tournament, that weigh-in will apply to the women's tournament. All wrestlers **must** weigh-in wearing a competition uniform. **(Women's singlet or two piece uniform as specified by the NFHS' guidelines)** The ISWA does not charge for adjusting weight classes after you register. You are free to adjust your weight class at any time, even at weigh-ins.

Skin Checks

Upon arrival, wrestlers will proceed directly to skin checks and weigh-ins. Certified Athletic Trainers will be on site to conduct skin checks prior to weigh-ins. **All decisions by the trainers, regarding participation, will be final!** (For details go to iswa.com and select Tournament/Sports Medicine from the top menu. Sports Medicine information includes Skin Check information and a Physician's Release for Wrestlers.)

Separation Criteria

Style Specific ... Folkstyle State...place winners **ONLY!** --- 1 through 4 within the past 2 years --- will still be separated.

Separation will be specific to Folkstyle only. Note: Wrestlers will be required to indicate their placement, in the dropdown menu provided, when they pre-register for each state event at trackwrestling.com.

Spectator All Event Pass

Adults: \$10.00 - Seniors (65 & Older) \$5.00 - Coaches with a 2017-2018 USA Coaches Membership and Children 10 & under admitted free. Passes may be purchased on Friday night, Saturday night and Sunday morning.

Awards

Custom Awards will be presented to the top 8 places in each weight class. 1st place finishers will also receive a Championship T-Shirt

Placement Matches

Placement matches will be wrestled with a formal award presentation for each weight class at the conclusion of the placement matches.

Residency Policy

This state competition is for Indiana residents only! Under no circumstances will out of state wrestlers be allowed to participate. In case of a protest, full-time Indiana residency must be verified. Indiana school enrollment will determine residency if other verification is unavailable or not satisfactory. The wrestler will then have to produce a copy of their report card or school ID to participate.

Coaches Pass

A Coaches wrist band is required to be at matside to coach your wrestler. **Coaches wrist bands will only be issued to those individuals who hold a current USA Wrestling Coaches Card AND are a minimum USAW/NCEP Copper Certified coach. All coaches must report to a designated site and produce their USA Wrestling Coaches Card, Copper/Bronze card and a picture ID.** You will be fitted with a wrist band at that time. **Do not take it off.** You will only be issued one wrist band. Coaches must be prepared to pick-up their band at the following times (EST):

Friday: 6:30 — 9:00 pm & to all Copper Clinic attendees
Saturday: 7:00 -9:00 am 1:00—3:00 pm 6:30 — 9:00 pm
Sunday: 7:00 — 9:00 am

The ISWA Women's Folkstyle State Finals serves as a qualifier for the following event:

The 2018 USA Wrestling Folkstyle National Championships - You must wrestle in the ISWA Folkstyle State Finals in order to qualify for this event. **Qualification is by participation only.** All wrestlers participating in this event will qualify. The ISWA will provide USA Wrestling with a list of all wrestlers qualified to participate at nationals. *Note: Pee-Wee wrestlers are not eligible to participate in the Folkstyle Nationals.*

Worship Service

A short non-denominational worship service will be conducted on the mat from 7:10 to 7:40am EST on Sunday morning.

Vendor

3xGear as our exclusive tournament gear vendor for all of our State Tournaments.



Copper Clinic Scheduled

****A USA WRESTLING COACHES CARD COMPLETE WITH BACKGROUND CHECK IS REQUIRED TO TAKE THIS COURSE****

A Copper Clinic will be held Friday night March 9th

Pre-register by Fri. March 2nd

on ISWA.com website

Registration: 6:30-7:00pm EST

Clinic: 7:00-9:00pm EST

An On-Line Clinic is also available on USA Wrestling's Website ... themat.com

See "Coaches"- "Certification" for more details

Bronze Clinic Scheduled

****A USA WRESTLING COACHES CARD COMPLETE WITH BACKGROUND CHECK IS REQUIRED TO TAKE THIS COURSE****

A Bronze Clinic will be held Friday night March 9th

Pre-register by Fri. March 2nd

on ISWA.com website

Registration: 6:30-7:00pm EST

Clinic: 7:00pm EST

An On-Line Clinic is also available on USA Wrestling's Website... themat.com

See "Coaches"- "Certification" for more details

